

EUROPEAN CHEER OPEN SUPER CUP

28-30 NOV. 2025
THESSALONIKI - GREECE



«Under the Auspices of the Hellenic Cheerleading Federation»



The European Cheer Open Super Cup is revolutionizing cheerleading!
Already a hit in Greece, it's now expanding across Europe, giving teams the chance to compete, improve, and shine, all without needing to prepare a routine in advance.

Why join the challenge?

- **Bring your team**, no prep needed – Jump straight into the action!
- **Learn from the best** – Coaches and choreographers from Greece, Europe, and the USA.
- **Boost your skills** – Sharpen technique, timing, and performance.
- **Team spirit first** – Same choreography for all, highlighting unity and cooperation.
- **Fair and objective** – Equal opportunities and judging based solely on performance.
- **Winning teamwork** – Success depends on coordination and synchronization.
- **Technique matters** – Strong fundamentals over flashy tricks.
- **Healthy competition** – Effort, precision, and dedication decide the results.
- **Open to all levels** – Advanced, Intermediate, and Beginners welcome.

Accept the Challenge - #CHEERCHALLENGE...

- ✓ Accept
- ✓ Take on
- ✓ Rise to

- ✓ Step into
- ✓ Face
- ✓ Welcome

- ✓ Own
- ✓ Live for
- ✓ Challenge accepted

ANNOUNCEMENT

EUROPEAN CHEER OPEN SUPER CUP 2025 28 -30 NOVEMBER 2025 THESSALONIKI,GREECE

1. **DATE:**

28-30 NOVEMBER 2025

2. **PLACE:**

Alexandreio Melathron - Gr. Lampraki 2, Thessaloniki, 54622, Greece

3. **PARTICIPATION:**

All teams and athletes who meet the official registration criteria and comply with the event regulations are eligible to participate.

Teams are given the opportunity to choose the division in which they will compete at the **EUROPEAN CHEER OPEN SUPER CUP** (advanced/intermediate/Beginners).

All athletes registered for the competition must carry their ID Card or Passport with them.

4. **REGISTRATION:**

Applications open on **October 1st, 2025** and close on **October 17th, 2025**

[Register HERE](#)

Further information regarding the organization and conduct of the event will be provided to clubs that complete their registration with participating teams.

5. **DIVISIONS:**

PERFORMANCE

POM

HIP HOP

JAZZ

CHEERLEADING

ALL GIRL

COED

GROUP STUNT(MIXED)

NOTES:

1) In Cheerleading All Girl & Coed, the routine will be **non-tumbling**.

2) In Cheerleading All Girl & Coed, teams will perform routines that they may choose either from the camp **or** create themselves, using either their own music **or** the recommended camp music (Primary Up to Level 2, Youth Up to Level 3, Junior Up to Level 4, Senior UP to Level 5).

3) In Cheerleading All Girl & Coed, if the team chooses to compete with its own routine, that routine must be 1 minute. (including music and exercises).

4) In Cheerleading All Girl & Coed, the cheer part is MANDATORY, but it will not be scored. However, omitting it will result in missing 5-point.

6. AGE GROUPS:

EUROPEAN CHEER OPEN SUPER CUP 2025:

SENIOR 2014, 2013, 2012, 2011, 2010 and before

JUNIOR 2014, 2013, 2012, 2011, 2010, 2009, 2008, 2007

YOUTH 2016, 2015, 2014, 2013, 2012, 2011

PRIMARY 2018, 2017, 2016, 2015, 2014, 2013

VETERANS - MASTERS 1996 and before

CHEER MOMS & DADS 2008 and before

Note: At the **EUROPEAN CHEER OPEN SUPER CUP**, CROSS-OVER within the same discipline is **NOT allowed**.

Athletes from younger age categories are permitted to compete in older age group teams, as long as they meet the age eligibility requirements according to the official regulations.

However, switching between categories within the same discipline is strictly prohibited.

For example:

An athlete competing in Youth Pom is not allowed to also compete in Junior Pom or Senior Pom.

They may, however, participate in Youth, Junior, or Senior Hip Hop, Jazz etc. **Group Stunt is exempt from CROSS-OVER.**

7. NUMBER of ATHLETES:

PERFORMANCE(POM, HIP HOP, JAZZ)

SENIOR:

Advanced 12-24 athletes

Intermediate 10-24 athletes

Beginners 8-24 athletes

JUNIOR:

Advanced 12-24 athletes

Intermediate 10-24 athletes

Beginners 8-24 athletes

YOUTH:

Advanced 12-24 athletes

Intermediate 10-24 athletes

Beginners 8-24 athletes

PRIMARY:

Advanced 10-24 athletes

Intermediate 8-24 athletes

Beginners 6-24 athletes

VETERANS - MASTERS / CHEER MOMS & DADS

Beginners 5-24 athletes

CHEERLEADING (ALL GIRL, COED)

Senior Up to Level 5, 10-24 athletes

Junior Up to Level 4, 10-24 athletes

Youth Up to Level 3, 10-24 athletes

Primary Up to Level 2, 8-24 athletes

GROUP STUNT (Primary Up to Level 2, Youth Up to Level 3, Junior Up to Level 4, Senior Up to Level 5)

VETERANS - MASTERS / CHEER MOMS & DADS

Beginners 5-24 athletes

8. NUMBER OF TEAMS

Each club may register as many teams as it wants (each athlete can participate in up to 3 disciplines), for the European Cheer Open Super Cup.

After learning the choreography, the coach must confirm or cancel the participation of the team and the athletes in the registered disciplines no later than 24 hours before the competition.

9. COMPETITION FORMAT

Friday 28th November 2025 - Choreography Training (Alexandreio – HELEXPO)

Training Camp of All girls & Coed Routine Exercise -

Training of Pom Routine

Training of Hip Hop Routine

Training of Jazz Routine

Saturday 29th November 2025 - Training & Rehearsal (Alexandreio – HELEXPO)

All teams will train and prepare for competition day.

Foreign coaches will review the choreography and supervise the teams during training, according to the schedule.

Sunday 30th November 2025 – Competition (Alexandreio)

10. AWARDS – EUROPEAN CHEER OPEN SUPER CUP 2025

GOLD, SILVER, BRONZE TEAM, PER EVENT AND AGE GROUP

EUROPEAN CHEER OPEN SUPER CUP 2025 - WINNER (Point System)

POINT SYSTEM:

CHEERLEADING COMPETITION POINT SYSTEM													
* BONUS	ΘΕΣΗ/ POSITION	SENIOR ADV	SENIOR INT	SENIOR BEG	JUNIOR ADV	JUNIOR INT	JUNIOR BEG	YOUTH ADV	YOUTH INT	YOUTH BEG	PRIMARY ADV	PRIMARY INT	PRIMARY BEG
11	1η ΘΕΣΗ	100	50	25	90	45	23	80	40	20	70	35	18
10	2η ΘΕΣΗ	95	48	24	86	43	21	76	38	19	67	33	17
9	3η ΘΕΣΗ	90	45	23	81	41	20	72	36	18	63	32	16
8	4η ΘΕΣΗ	85	43	21	77	38	19	68	34	17	60	30	15
7	5η ΘΕΣΗ	80	40	20	72	36	18	64	32	16	56	28	14
6	6η ΘΕΣΗ	75	38	19	68	34	17	60	30	15	53	26	13
5	7η ΘΕΣΗ	70	35	18	63	32	16	56	28	14	49	25	12
4	8η ΘΕΣΗ	65	33	16	59	29	15	52	26	13	46	23	11
3	9η ΘΕΣΗ	60	30	15	54	27	14	48	24	12	42	21	11
2	10η ΘΕΣΗ	55	28	14	50	25	12	44	22	11	39	19	10
1	11η ΘΕΣΗ	50	25	13	45	23	11	40	20	10	35	18	9
0	12η ΘΕΣΗ	45	23	11	41	20	10	36	18	9	32	16	8

* The competitiveness bonus awards one point for each opponent that the athlete/team ranks ahead of.

12. JUDGES

All performances will be evaluated by certified Greek and international judges appointed by the World Cheerleading Federation.

A. Decision Confirmation

According to the regulations of the International Cheer Union (ICU), all participating teams and athletic clubs in this championship accept that the judges' decisions are final and will not be subject to review. Each team and athletic club acknowledge the necessity for judges to make accurate and fair decisions throughout the competition. Therefore, every team, organization, and club explicitly waive any legal, equitable, administrative, or procedural review of these decisions. However, the submission of any protest is permitted, as defined in the relevant judging regulations.

14. MAT DIMENSIONS

For all categories — CHEER FREESTYLE POM, CHEER HIP HOP, CHEER JAZZ, CHEERLEADING ALL GIRLS & CHEERLEADING COED — the competition and warm-up areas will each measure 16 meters by 14 meters.

15. ATHLETES CHECK

All athletes – in order to be able to compete – must:

- 1) have their passport
- 2) send the following consent form before the competition to the email address office@helleniccheerleadingfederation.gr

On the day of the competition they must present their passport at the athletes' check control.

[consent form over 18](#)

[consent form under 18](#)

16. IDENTITY VIOLATIONS

If a team uses false information or pretends to be someone else, they will be disqualified immediately.

17. PARTICIPATION FEE:

Each athlete is required to pay a participation package fee of €400, which contributes to the financial support of the event including:

- Camp – Up to 3 disciplines (pom, hip hop, jazz, cheerleading) coached by international trainers and judges
- Participation in the European Cheer Open Super Cup 2025 – Up to 3 disciplines
- 3 nights accommodation in 4 and 5 star hotels (November 28, 29, 30, 2025)
- Meals for 3 days (breakfast and dinner)
- Official event Tshirt
- Event Party – November 30, 2025

Note: Participation is only available through the above Federation package (transportation is not included).

INFORMATION DESK:

Secretary: Katerina Stamatiadou

+30 2108979685 (08.00 – 14.00) info@helleniccheerleadingfederation.gr

Registration: Livya Korkodeilou

+30 2108979685 (08.00 – 14.00) eotaox@gmail.com

Technical Director: Evangelia Kritikou

+30 6937265306 (08.00 – 14.00) - info@helleniccheerleadingfederation.gr

Competition Manager: Eleni Kougia

+30 6998431110 (09.00 - 17.00) office@helleniccheerleadingfederation.gr

Accounting Department: eotaoxlogistirio@gmail.com

Press & Social Media Coordinator: George Petridis

+30 6974556145 (09:00-17:00) eotaoxmedia@gmail.com

18. SPECIAL CONDITIONS:

1. HCF reserves the right to change the date, location, and time of the event in case of significant participation issues (minimum number of athletes and clubs) or organizational difficulties due to weather conditions.
2. Updated and more accurate organizational information and improvements regarding the event will be announced continuously, and this announcement will be supplemented accordingly. All participants are responsible for regularly monitoring these updates until the start of the event.

Organizing Team
European Cheer Open Super Cup
office@helleniccheerleadingfederation.gr