



PERFORMANCE CHEER SOLO SCORESHEET

Team Name _____ Team Number _____
 Judge Number _____ Date _____

TECHNIQUE _____ (40 POINTS)

Execution of Skills / Style (Freestyle - Jazz - Hip Hop) 10 _____
 Execution of movements and skills in the style of the category

Placement / Control 10 _____
 Exhibits control, proper levels and placement (in pom motions) arm movements.
 "Turnout" and proper hip/leg/foot placement in Kicks, Leaps, Turns, etc. control of torso
 and body parts throughout movements and skills.

Strength of Movement 10 _____
 Intensity, strength and presence in movements

Extension / Flexibility 10 _____
 Exhibits full extension (in arms, legs, feet etc.) and when applicable, stretch and flexibility in movement

CHOREOGRAPHY _____ (30 POINTS)

Musicality 10 _____
 Use of the music accents, rhythms, lyrics and style

Difficulty 10 _____
 Level of difficulty of skills, movement, weight changes, tempo etc.

Creativity /Style 10 _____
 Exhibiting creative and original movement in accordance with the style of the category

OVERALL EFFECT _____ (10 POINTS)

Communication / projection
Audience Appeal & Appropriateness 10 _____
 Ability to exhibit a dynamic routine with showmanship and audience appeal
 Age appropriate music, costume and choreography that enhances the performance

TOTAL (80 POINTS) _____

COMMENTS: _____
