



CHEER OPEN CRETA CUP & EUROPEAN CHEER LEAGUE

3-5 MARCH 2023

HERAKLION, CRETE, GREECE

Short Description of the format of the competition

This competition will take place alongside the Hellenic National Cup and will follow the same format.

This format is a great challenge for the teams, but at the same time it is enjoyable and greatly improves the competition level of all participating athletes. All teams are asked to learn and compete on the same choreography which makes the competition even more interesting. This is a fantastic way for teams to bond, to acquire coherence and get competitively stronger in all levels. It is also a great opportunity for teams' coaches to get valuable knowledge and information from the international coaches.

One other important aspect of this competition is the fact that teams don't have to prepare any choreography in order to participate. They just have to come to Crete, learn from excellent coaches and compete. And at the same time, become better, bond with their co-athletes, meet new people and have a lot of fun!

The Cheer Open Creta Cup is a 3-day event, which includes a 2-day camp and 1 competition day.

During the 1st day of the camp international renowned coaches will teach cheer pom, cheer hip hop, cheer jazz and cheerleading all girls and coed choreographies per age group. Then the teams will practice on the choreographies for the remaining 1st day and the 2nd day. The teams can participate in 2-4 styles in their age group.

The international coaches will repeat the choreographies on the second day of the camp and will be able to answer questions teams might have regarding the choreography. The 3rd day is the competition day, where the teams will perform the choreography taught and practiced the previous 2 days during the camp.

This is a competition that has it all! Don't miss out on it!



Note: teams that would like to participate in the ECL competition can choose to do so by:

1. Performing their own choreography
2. Performing the choreography taught during the camp at the Cheer Open Creta Cup